

Apple and Spice Red Cabbage Delight

1 small head of red cabbage, cut into slices (about 1/2 inch thick)

1 large granny smith apple (peeled)

1/4 teaspoon kosher salt

1/4 teaspoon black pepper

1/4 teaspoon sugar

4 tablespoons butter

1/4 cup apple cider vinegar

1/3 cup Tennessee Gourmet™ Apple & Spice (we prefer Sneaky)

Place sliced cabbage rings in steamer, sprinkle with salt, pepper and sugar. Steam the cabbage for 3 minutes. Using a grater with 1/2 inch slots shred the apple and set aside. Once cabbage has steamed add the shredded apple on top and continue to steam for an additional 5 minutes.

Remove from heat and drain. Melt the butter in a saucepan. Add the cabbage and apple, vinegar and Tennessee Gourmet™ Apple & Spice. Lightly toss the mixture. Continue to cook and toss for five minutes or until tender.