

Featuring Tennessee Gourmet® Products

© 2006

Bean & Ham Casserole

1 pound ham, cut into 1-inch cubes,	¼ cup Tennessee Gourmet® Apple & Spice (your choice of flavor)
3 (15 ounces) cans Great Northern beans, drained and rinsed	1 Tbsp. Dijon mustard
1 small onion, diced	¼ tsp. ground allspice
1 medium Granny Smith apple, diced	¼ cup green onions, thinly sliced or 1 Tbsp. chopped fresh parsley

Preheat oven to 350°F.

Combine ham, beans, onion, apple, Apple & Spice, mustard and allspice in a 3-quart casserole; mix well. Bake covered for 20 minutes. Add 1/3 cup water, stir and bake for an additional 25 minutes. Sprinkle with green onions or parsley before serving.