

Featuring Tennessee Gourmet® Products

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Mexican Steak

2 pounds beef round steak, cut into cubes	4 large carrots, sliced
1 tsp. Tennessee Gourmet®, Savory Beef Rub	2 medium onions, cubed
½ cup flour	1 (16 ounce) jar Deacon's Traditional Salsa (your choice of flavor)
2 Tbsp. vegetable oil	1 (8 ounce) can tomato sauce
3 potatoes, peeled and quartered (about 1 ½ pounds)	Salt and pepper to taste

In a plastic bag, combine flour and Savory. Add the cubed steak and toss to coat evenly.

Heat oil in a skillet and lightly brown beef. Remove from skillet and drain.

Place potatoes, carrots and onion in bottom of stoneware. Place beef on top of vegetables. Sprinkle with salt and pepper. Pour Salsa and tomato sauce over meat. Cover cook on Low 8 to 10 hours or on High 5 to 6 hours.